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## ANGELICA DELASHMETTE HURST, CLMA, RSME, MFA

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### PROFESSIONAL DANCE ARTIST & EDUCATOR

Angelica DeLashmette Hurst is a hybrid dance artist who is passionate about and inspired by Hip-Hop/Street Dance forms and Modern/Contemporary dance forms and lineages. She aims to bring awareness, education, respect, and appreciation for Black vernacular dance through her artistic practice and pedagogical research.

Recently her creative research has been focused within Western and Afro-Diasporic dance improvisational practices that are centered in the social moving body – examining how a responsive and conversational body (the mode of *call and response*) is activated in practice and performance. She aims to interrogate choreographic structures, create cooperative group processes, and identify relational approaches for choreographic development. Hurst sees dance as a powerful art form that cultivates shared experiences and constantly reinforces the significance of meaning-making through the body. It is in her capacity to connect, collaborate and build community with others that dance has had its most profound influence in her life.

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### EDUCATION

<b>Master of Fine Arts in Dance, <i>Choreography Emphasis</i></b> , The University of Iowa	2020
<b>Bachelor of Arts in Dance</b> , Brigham Young University	2013

### CERTIFICATIONS

<b>Certified Laban/Bartenieff Movement Analyst (CLMA)</b> , Integrated Movement Studies	2018
<b>Registered Somatic Movement Educator (RSME)</b> , Intl Somatic Movement Education and Therapy Assoc.	2018
<b>Brain-Compatible Dance Education Certificate</b> from Anne Green Gilbert, The Creative Dance Center	2012

### DIGITAL MEDIA CONTENT CREATION and CONTRIBUTIONS

<b>Creator and Producer of The Artist Arena Podcast</b> Produced and presented with Erin Nichole Boyt (Co-Creator and Collaborator) Available on Spotify, iTunes, and all other podcasting apps	Sept. 2021 – Present
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### ACADEMIC INSTRUCTIONAL ACTIVITY

<b>Faculty Associate, Arizona State University (ASU), AZ</b> <ul style="list-style-type: none"><li>Post-Modern Contemporary technique course (BFA in Dance majors, Level II)</li></ul>	August 2021 – Present
<b>Adjunct Faculty, Grand Canyon University (GCU), AZ</b> <ul style="list-style-type: none"><li>Dance Ensemble Company, BFA in Dance majors course<ul style="list-style-type: none"><li>Creative process/performance course</li></ul></li><li>Elementary Dance Tour, BFA in Dance majors course<ul style="list-style-type: none"><li>Two semester course, developed new curriculum &amp; syllabus</li><li>Performance and teaching touring company for Public School Residencies in AZ</li></ul></li><li>Dance History II, BFA in Dance majors course<ul style="list-style-type: none"><li>Lecture course</li></ul></li><li>Modern Technique, BFA in Dance majors level IV &amp; V</li></ul>	August 2021 – Present
<b>Adjunct Faculty, Scottsdale Community College, AZ</b> <ul style="list-style-type: none"><li>Hip Hop/Street Dance Styles Technique<ul style="list-style-type: none"><li>Dance program/degree students, Level III &amp; IV</li></ul></li></ul>	Feb. 2021 – Present

- Hip Hop History, Arts, Aesthetics, and Culture
  - Humanities lecture Course
  - Developed new curriculum & syllabi for course

**Adjunct Faculty, Mesa Community College, AZ**

Feb. 2021 – Present

- Mesa Community College Dance Company
  - Guest choreographer Spring 2021 semester
- Introduction to Dance
  - Humanities lecture course
  - Developed new curriculum & syllabus for course
- Dance in Popular Culture
  - Humanities lecture course
  - Developed new curriculum & syllabus for course

**Graduate Teaching Assistantship in the Department of Dance, The University of Iowa**

Aug. 2018 – Dec. 2020

- Fully responsible for teaching, developing curriculum, syllabi, and grading for courses
- Courses taught: Beginning Hip-Hop, Continuing Hip-Hop, Intermediate Hip-Hop, Beginning Modern/Contemporary Technique, Continuing/Intermediate Modern/Contemporary Technique
- Completed a Graduate Teaching Practicum in both Kinesiology and Functional Anatomy with Professor Kristin Marrs
- Instructor, choreographer, and facilitator/rehearsal director for graduate independent projects and Thesis project with BFA in Dance cast members who completed an audition process
- Guest teaching in Modern and Ballet Technique courses for majors levels I, II, and III

**Adjunct Instructor for the University Recreation Department, The University of Washington**

Fall Semester 2017

- Taught Hip-Hop dance technique course for non-majors.

**NON-ACADEMIC PROFESSIONAL INSTRUCTION**

**Teaching Assistant, Integrated Movement Studies**

June 2018 – Present

- Assistant in the certification program in Laban/Bartenieff Movement Studies

**Movement Source Dance Company (Phoenix, AZ)**

October 2021

- Company Class Guest Artist

**Faculty, Breakout Studios (Tucson, AZ)**

Feb. 2021 – Present

- Adult dance technique classes in various styles/genres

**Faculty, Exit Space School of Dance (Seattle, WA)**

Aug. 2016 – Jun. 2018

- Adult Dancer Program (ADP) and Young Dancer Program (YDP)
- Classes: Beginner to advanced level in Ballet, Modern/Contemporary, Hip-Hop, Creative Dance, Combo classes, and Composition and Improvisation.
- Choreographer for the annual takePAUSE Concert at the Broadway Performance Hall in Seattle for ADP
- Choreographer for annual YDP concert

**Teaching Artist, Pre-School Creative Dance/Movement Program (Seattle, WA)**

2015 – 2018

- Wallingford Cooperative Preschool
- Victory Heights Cooperative Preschool
- North Seattle Fives Cooperative Preschool
  - For all schools, I developed the curriculum, taught, and directed the creative dance and movement classes and programs for ages 2 to 5 years

**Faculty, The Creative Dance Center (Seattle, WA)**

2013 – 2018

- Taught Creative Dance/Ballet, Creative Modern Dance, Pre-Ballet, Ballet I/II Adult/Teen Modern Dance, Hip-Hop, Parent-Child and Parent-Toddler Creative Movement classes
- Kaleidoscope Dance Company Guest Choreographer (Spring 2014 Concert)

**Faculty, Washington School of Dance (Bothell, WA)**

2015 – 2017

- Hip Hop Performance Company Program Director & Choreographer
- Classes: Hip-Hop Levels I, II, III, IV/V
- Guest Choreographer for the Washington School of Dance *Inspire* Concert (2015)
- Choreographer for annual Spring Concerts

<b>Teaching Artist</b> , Fremont Abbey Arts Center (Seattle, WA)	2016 – 2017
<ul style="list-style-type: none"> <li>• Guest Artist for Class Exchange Program (classes for local professional dancers)</li> <li>• Youth Hip-Hop Dance Series (created &amp; offered by my company, DeLashmette Dance)</li> </ul>	
<b>Public School Teaching Artist</b> , Island Park Elementary School (Mercer Island, WA)	2015 – 2017
<ul style="list-style-type: none"> <li>• Taught students from kindergarten to third grade.</li> </ul>	
<b>Public School Teaching Artist</b> , Northgate Elementary School (Seattle, WA)	2015 – 2016
<ul style="list-style-type: none"> <li>• Arts Corps Dance Teaching Artist for 5<sup>th</sup> and 6<sup>th</sup> grade</li> </ul>	
<b>Dance/Movement Instructor</b> , The Family Learning Program, Seattle Parks and Recreation	2014 – 2015
<ul style="list-style-type: none"> <li>• Taught Creative Dance and Hip-Hop.</li> </ul>	
<b>Conference Faculty</b> , Dance and the Child International USA, University of Washington	June 2014
<ul style="list-style-type: none"> <li>• Taught Hip-Hop for an all-ages workshop for the national conference.</li> </ul>	
<b>Dance Teaching Artist</b> , Sage Creek Elementary School (Springville, UT)	Fall 2013
<ul style="list-style-type: none"> <li>• Served as a 6th grade Arts Specialist through the BYU Arts Bridge Program.</li> </ul>	
<b>Instructor and Choreographer</b> , Brigham Young University's Hip-Hop Club	2011 – 2013
<ul style="list-style-type: none"> <li>• Led the Hip-Hop Club's annual showcases and BYU's Best Dance Crew Battles.</li> </ul>	
<b>Public School Dance Teaching Artist</b> , Utah Public Schools (Teaching Residency)	Spring 2012
<ul style="list-style-type: none"> <li>• Taught K-6 grade classes</li> <li>• Teaching artist and company member of Brigham Young University's Kinnect Outreach Dance Company.</li> </ul>	
<b>Creative Dance Instructor</b> , Springville City Recreation Department (Springville, UT)	2011 – 2012
<ul style="list-style-type: none"> <li>• Taught Pre-K through kindergarten students as part of the Creative Dance Program for Springville City Public Library.</li> </ul>	
<b>Dance Faculty</b> , Steps Dance and Performing Arts Center (Spanish Fork, UT)	2011 – 2012
<ul style="list-style-type: none"> <li>• Led as Hip-Hop and Jazz Dance instructor and choreographer.</li> </ul>	
<b>Dance Faculty</b> , Wasatch Arts Center (Riverton, UT)	2010 – 2011
<ul style="list-style-type: none"> <li>• Classes taught include Contemporary, Ballet, Pointe, and Hip-Hop (beginning through advanced).</li> <li>• Led as Senior Performance Company Choreographer and Choreographer for Annual Christmas and Spring Concerts.</li> </ul>	

### ARTISTIC DIRECTORSHIP & PRODUCTION

<b>Artistic Director, Curator, Producer, Production Manager, and Choreographer</b> Converge Dance Festival	2016 – 2018
<ul style="list-style-type: none"> <li>• Produced the Converge Dance Festival, Velocity Founders Theater (Seattle, WA), May 25-26, 2018.</li> <li>• Produced the Converge Dance Festival, Erickson Theatre Off Broadway (Seattle, WA), April 21-22, 2017.</li> </ul>	
<b>Artistic Director, Curator, Producer, Production Manager, and Choreographer</b>	2014 – 2016
<ul style="list-style-type: none"> <li>• <i>Being.</i> was a split-bill concert and new work premiere by DeLashmette Dance Projects and collaborators Kelsey Diane Hamon and Sarah M. F. Oxford; it premiered at Velocity Founders Theater, April 1-2, 2016.</li> <li>• <i>enROOT</i> was a New Works Festival for premiering new work by nine Seattle dance artists; it took place at Velocity Founders Theater, Nov. 21-22, 2014.</li> </ul>	
<b>Founder, Artistic Director, and Choreographer</b> , DeLashmette Dance Projects <i>DeLashmette Dance Projects was a project-based dance company in Seattle, WA</i>	2013 – 2018
<ul style="list-style-type: none"> <li>• Created and directed new performance projects.</li> </ul>	

### GRANTS, HONORS & AWARDS

<b>HAVEN Global Sanctuary for Dance Winter Intensive with FACT/SF</b> , Scholarship Recipient	February 2021
<b>Iowa Arts Fellow, Graduate Teaching Assistantship</b> , The University of Iowa	2018 – 2020
<b>Artist in Residence, DeLashmette Dance Projects</b> , The Nest (Seattle, WA)	2016 – 2018
<b>smART Ventures Project Grant Funding</b> , Seattle Office of Arts and Culture Received awards for <i>Being.</i> (2016) and the Converge Dance Festival (2017)	2016, 2017
<b>Artist in Residence</b> , The Creative Dance Center (Seattle, WA)	Fall 2014

<b>Artist in Residence</b> , Velocity Dance Center (Seattle, WA)	Fall 2014
<b>Work Study Scholarship Award</b> , Bates Dance Festival	Summer 2014
<b>Work Study Scholarship</b> , Velocity Dance Center	Fall 2013
<b>Dance Department Talent Scholarship Award</b> , Brigham Young University	2012-2013
<b>Dance Department Noorda Dance Leadership Award</b> , Brigham Young University	Fall 2012
<b>Undergraduate Conference Scholarship</b> , National Dance Education Organization	Fall 2012
<b>Mary Lou Fulton Grant Award Recipient</b> , Brigham Young University	2011, 2012

## CREATIVE WORK & PERFORMANCE

### *Professional Presentation Post-Graduate Studies*

<p><b><i>Your Presence is Required</i></b>  A solo performed by DeLashmette Hurst; movement created in collaboration with Charlotte Adams  Choreographic Director: Charlotte Adams  Premiere in <i>Winter Solstice Concert</i>, produced by Zuzi! Dance  The Scoundrel &amp; Scamp Theatre (Tucson, AZ)</p>	December 2021
<p><b><i>Hide. Shift. Surface. Keep...going.</i></b>  Choreographer/Director  An ensemble work performed by Grand Canyon University (GCU) BFA in Dance majors  GCU Dance's Winter Dance Concert, <i>Emerge</i>, featuring faculty and guest artist work  Ethington Theatre (Phoenix, AZ)</p>	December 2021
<p><b><i>Evolution Theory</i></b>  Performer and contributor  Choreographer/Director: Vo Vera (SLAM Residency Artist)  Work in progress showing at nueBOX, premier in February 2022 (Phoenix, AZ)</p>	December 2021
<p><b><i>stone fruit</i></b>  A duet performance piece created and performed in collaboration with Allyson Yoder</p> <ul style="list-style-type: none"> <li>• Premiered in the <i>Arizona Dance Festival</i></li> <li>• Second presentation and iteration of the work performed in <i>Winter Solstice</i>;  A concert produced by Zuzi! Dance Co at The Scoundrel &amp; Scamp Theatre (Tucson, AZ)</li> </ul>	Oct. and Dec. 2021
<p><b><i>Upstream</i></b>  Choreographer/Director, Commissioned, ensemble work  Site-Specific work for "<i>Voice of the River</i>", an event in association with Global Water Dances  An ecological project on the banks of the Spokane River – Part dance, part story, and performance.  People's Park (Spokane, WA)</p>	April – June 2021
<p><b><i>Seven in Tableau</i></b>  Choreographer/Director, Site-Specific ensemble work  Mesa Community College Dance Company Concert, <i>The Art of Healing II</i> (Mesa, AZ)  Adjudicated at the American College Dance Association (ACDA) Western Region</p>	Feb. – April 2021

### *Professional Performance and Hip Hop/Street Dance Culture Crew Affiliation*

<p><b>The Jukebox Fam</b> (Mesa, AZ)  Member of The Jukebox Fam Hip Hop Competitive Performance Team</p>	Sept. 2021 – Present
<p><b>The Drop Fam</b> (Tucson, AZ)  Member of The Drop Fam crew and Performance Team</p>	Sept. 2021 – Present

### *MFA Studies Creative Work Presentation*

<b><i>the thought of losing me...</i></b> , a solo performance work, The University of Iowa Independent Project Virtual Concert Presentation	2020
<b><i>[Interrupted] Speech</i></b> , a re-staging of original Thesis work, <i>Figures of Speech</i> BFA in Dance cast members, Independent Project Virtual Concert Presentation Filmed at Space Place Theater, The University of Iowa (Iowa City, IA)	2020
<b><i>On the Road</i></b> , a solo quarantine screen dance MFA Spring Event, The University of Iowa	2020
<b><i>Figures of Speech (Thesis Research)</i></b> , The University of Iowa, a 30-minute live performance work <ul style="list-style-type: none"> <li>• 3 semesters of studio research and showings/performances</li> <li>• MFA Thesis Research in collaboration with BFA in Dance cast members</li> <li>• Thesis Committee: Jennifer Kayle (Chair), Rebekah Kowal, and Christopher Rasheem-McMillan</li> </ul>	2019 – 2020
<b><i>Thaw Phase</i></b> , a multi-media performance art presentation Research and performance by DeLashmette Hurst and collaborators Art Building West, The University of Iowa (Iowa City, IA)	2019
<b><i>Measuring the Depth</i></b> , a duet performed and created with graduate colleague Jeremy Cline In collaboration with Iowa's International Writing Program (IWP) poet from Lithuania IWP Concert and Undergraduate/Graduate Concert, Space Place Theater (Iowa City, IA)	2019
<b><i>biorhythms</i></b> , a work investigating the process of change over time Spring Graduate Research Project, BFA in Dance cast members Faculty Mentor/Advisor: Charlotte Adams, The University of Iowa, Space Place Theater (Iowa City, IA)	2019
<b><i>To the Moon</i></b> , dance film Directed and produced by Angelica DeLashmette Hurst, Kate Vincek, and Mariko Ishikawa	2019
<b><i>I Assume You're Assuming I'm Assuming</i></b> , Performer and Collaborator Work by The University of Iowa Faculty, Melinda Myers Faculty Concert, Space Place Theater (Iowa City, IA) Chicago Contemporary Dance Festival (Chicago, IL)	Spring 2019 Fall 2019
<b><i>(we) CYPHER</i></b> , Performer and Choreographer, a Hip-Hop/Street Dance ensemble work Graduate/Undergraduate Concert, BFA in Dance cast members, Space Place Theater (Iowa City, IA)	2018
<b><i>New Whirled</i></b> , collaborative duet work with Mikaela Mallin and Gina Cole (New Zealand) A collaboration between the University of Iowa Department of Dance and the International Writing Program (IWP) Page/Stage, Space Place Theater (Iowa City, IA)	2018

*Theatre Department, The University of Iowa*

*Choreographer and Movement Coach for Actors for Theatre Department Productions*

<b><i>Three Sisters</i></b> , Choreographer, a performance based on Anton Chekhov's work The University of Iowa (Iowa City, IA)	2020
<b><i>Perils of the Flowerbed</i></b> , Choreographer, a Gothic exploration of queer desire and unreal bodies The University of Iowa (Iowa City, IA)	2019

*Professional Presentation Pre-Graduate Studies*

<b><i>DIAMETRIC</i></b> , Choreographer/Performer, a Contemporary dance ensemble work Converge Dance Festival, Velocity Founders Theater (Seattle, WA)	2018
<b><i>Surrender</i></b> , Choreographer, a Contemporary dance ensemble work TakePAUSE Concert, the Broadway Performance Hall (Seattle, WA)	2017

<b>Salt and Sugar</b> , Choreographer/Director/Performer, an ensemble performance work Original premiere at Converge Dance Festival at the Erickson Theater Off Broadway (Seattle, WA) Second premiere at the Seattle International Dance Festival, Broadway Performance Hall (Seattle, WA)	May 2017 June 2017
<b>Punk &amp; Funk Open Styles Battle</b> , Performer, a Hip-Hop/Urban/Street-Style work Massive Monkees Studio (Seattle, WA)	2017
<b>The After Black Friday Ball &amp; Battle</b> , House Dance Battle Performer Hilman City Collaboratory (Seattle, WA)	2016, 2017
<b>Tangled Not Tied</b> , Performer (Choreographer Maya Soto) Full Tilt Dance festival at Velocity Founders Theater (Seattle, WA)	2016
<b>Annular</b> , Performer/Choreographer, a Contemporary dance/new media ensemble work Original premiere at <i>Being.</i> , Velocity Founders Theater (Seattle, WA)	2016
<b>Falling Up</b> , Performer (Choreographer Marlo Martin) takePAUSE Concert at the Broadway Performance Hall (Seattle, WA)	2015
<b>That One Time We Met on a Busy Street</b> , Performer (Choreographer Alicia Mullikin) takePAUSE Concert at the Broadway Performance Hall (Seattle, WA)	2015
<b>Let Yourself Go</b> , Performer (Choreographer Sarah Seder) Converge Dance Festival at Velocity Founders Theater (Seattle, WA)	2015
<b>The Logarithmic Curve of Something Else</b> , Performer (Choreographer Alyza DelPan-Monley) enROOT New Works Festival at Velocity Founders Theater, Seattle, WA	2015
<b>House Dance</b> , Performer (Choreographer Dani Tirrel in collaboration with performers) Massive Monkees Showcase, Broadway Performance Hall (Seattle, WA)	2015
<b>On the Line</b> , Choreographer, a Contemporary dance duet Original premiere at the Pocket Theater (Seattle, WA)	2015
<b>Blood Orange Moon</b> , Performer/Choreographer, a solo work Original premiere at the Pocket Theater (Seattle, WA)	2015
<b>Let Yourself Go</b> , Performer/collaborator (Choreographer Sarah Seder) Converge Dance Festival 2015, Velocity Founders Theater (Seattle, WA)	2015
<b>WHITE/BLACK</b> , Performer/Choreographer, a Contemporary dance/multimedia ensemble work Original premiere in enROOT New Works Festival at Velocity Founders Theater (Seattle, WA)	2014
<b>Through Darkness into Flight</b> , a Contemporary dance ensemble work Performed by the Kaleidoscope Dance Company at the Broadway Performance Hall (Seattle, WA)	2014
<b>Wrestle of the Soul</b> , Choreographer, a Contemporary dance duet Original premiere at the Annex Theatre Second premiere at the daCi International Conference, UW's Meany Hall Studio Theater (Seattle, WA)	Spring 2014 June 2014
<b>Echo</b> , Performer (Choreographer Corina Dalzell) Seattle International Dance Festival's Art on the Fly Program (Seattle, WA)	2014
<b>It's All or Nothing</b> , Performer (Choreographer Marlo Martin) takePAUSE Concert at the Broadway Performance Hall Performed at Seattle International Dance Festival's Art on the Fly Program (Seattle, WA)	2014 2014

*Performance work with Serendipity Dance Brigade Company*

**The Last of the Gentle**, Performer (Choreographer Sarah Kathryn Olds)

*Standing in the Storm*, a Concert presented by Version Excursion Dance Company  
Velocity Founders Theater (Seattle, WA) 2014  
Performed at Valley Ballyhoo Festival presented by Fife Public Arts Commission (Fife, WA) 2014  
Performed at a benefit concert at Velocity Founders Theater (Seattle, WA) 2013

**Point of Departure**, Performer (Choreographer Karin Steven)  
FIRE & ICE Concert presented by Seredipity Dance Brigade, Velocity Founders Theater (Seattle, WA) 2013

*Undergraduate Studies Creative/Performance Work*

**Journey to Zion**, a Contemporary dance/cross-disciplinary ensemble work  
BYU Senior Capstone Concert, Multimedia Ensemble Work and Collaboration 2012

**Rufio**, a Hip-Hop/Commercial-Style ensemble collaborative work  
BYU's Best Dance Crew Competition 2012

**Drop**, a Hip-Hop/Commercial-Style ensemble work  
BYU's Hip-Hop Club Annual Showcase 2012

**danceEnsemble Company**, Brigham Young University (Pam Musil, Artistic Director) 2012

**Kinnect Contemporary Outreach Dance Company**, Brigham Young University  
(Marilyn Barrett and Karen Jensen, Artistic Directors) 2011 – 2012  

- The company went on Tour to Taiwan in June 2011

**Carry-Out**, a Hip-Hop/Commercial-Style ensemble work  
BYU's Hip-Hop Club Annual Showcase 2011

**Flawlessly Orchestrated**, Performer (Choreographer Jessica Smith)  
BYU Senior Capstone Concert 2013

**Props**, Performer (Choreographer Jiamin Huang)  
BYU Faculty Choreography Concert 2013

**A Dancing Job Fair**, Presented by Kinnect  
Utah Stateside Tour, including public and private schools throughout Utah 2012  
Taiwan International Tour, including daCi (international dance conference) 2012

**As We Are**, Performer (Choreographer Kristen Jeppsen Groves)  
Vital Signs/BYU DancEnsemble Concert 2012

**Eternal Ties**, Performer (Choreographer Claudia Olivia)  
Vital Signs/BYU DancEnsemble Concert 2012

**Rachel's Hands**, Performer (Choreographer Katelynn Reed)  
Vital Signs/BYU DancEnsemble Concert 2012

**Look Up**, Performer (Choreographer Kalise Child)  
BYU Faculty Choreography Concert 2012

**Pablo Picasso**, Performer (Choreographer Rebecca Lewis)  
BYU Faculty Choreography Concert 2010

**PROFESSIONAL DEVELOPMENT**

**Immediate Dances Creative Process Intensive and Embodied Meaning Workshop with Alexandra Beller** 2021

**Fact/SF and Haven Program Intensive with Charles Slender-White**  
2021

**Tools from the Human Body Countertechnique Workshop with Nina Wollny** 2020

<b>Private Coaching/Mentorship</b> from Brice Johnson, Jojo Diggs, and Jade “Soul” Zuberi	2020
<b>Laban/Bartenieff Institute of Movement Studies</b> Summer Workshop with Alexandra Beller	2020
<b>Bates Dance Festival Professional Training Program</b> , Spiraldynamik ® Workshop with Shonach Mirk Robles	2020
<b>Countertechnique Winter Intensive</b> with Joy Davis, Nashville, TN	Jan 2020
<b>Movement Research Winter MELT</b> Workshop with Nita Little, New York City	Jan 2020
<b>Countertechnique One Body, One Career Summer Intensive</b> , Amsterdam, Holland	2019
<b>Ladies of Hip Hop, 36 Chambaz, Street Style Lab</b> , Summer intensives/workshops	2019
<b>Integrated Movement Studies</b> , Professional Workshop for CLMAs, University of Utah, UT	2019
<b>Movement Research Summer MELT Intensive</b> with K.J. Holmes, New York City	2019
<b>Ladies of Hip Hop and 36 Chambaz</b> , Summer intensives/workshops, New York City	2018
<b>Movement Research Summer MELT Intensive</b> , New York City	2018
<b>Seattle Festival of Dance Improvisation</b> , Velocity Dance Center, Seattle, WA	2017, 2018
<b>Master Classes</b> , Exit Space School of Dance and Velocity Dance Center, Seattle, WA	2013 – 2018
<b>The American Dance Festival Dance Professionals Workshop</b> , Duke University, NC	2016
<b>Bill Evans Seattle Dance Teacher Workshop</b> , The Creative Dance Center, Seattle, WA	2016
Bartenieff Fundamentals and Laban-Based Dance Technique with Bill Evans and Dance Pedagogy with Don Halquist	
<b>BrainDance Variations Workshop by Anne Green Gilbert</b> , The Creative Dance Center, Seattle, WA	2016
<b>The American Dance Festival New York City Winter Intensive</b> (December-January), The Alley Studios	2015-2016
<b>Seattle Festival of Dance Improvisation</b> , Velocity Dance Center, Seattle, WA	2015, 2016
<b>The Big 8: Primary Reflexes in Development &amp; Learning</b> , Presented by Janet Oliver, MA	2015
<b>Practical Grant Writing Workshop</b> , Presented by On the Boards, Frye Art Museum, Seattle, WA	2015
<b>Jen Salk Workshop: Teaching Experiential Anatomy in Technique Class</b> , The Creative Dance Center	2015
<b>BATES Dance Festival</b> , Bates College, Lewiston, ME	2014
<b>Integrated Movement Studies Workshop</b> , University of Utah	2014
<b>Janelle Campoverde Workshop: Understanding, Experiencing, and Influencing Our Baby’s Development from Birth to Walking</b> , The Creative Dance Center, WA	2014
<b>The American Dance Festival 6-Week School Program</b> , Duke University, NC	2013
<b>Jose Limon Summer Intensive</b> , California State University-Fullerton, CA	2012
<b>Anne Green Gilbert’s Brain-Compatible Dance Education Summer Dance Institute</b> , The Creative Dance Center, WA	2011, 2012

### **SERVICE, AFFILIATION & LEADERSHIP**

<b>Member</b> , Arizona Dance Education Organization	2021 – Present
<b>Member</b> , International Somatic Movement Education and Therapy Association (ISMETA)	2018 – Present
<b>Member</b> , Laban/Bartenieff Institute of Movement Studies (LIMS®)	2017 – Present
<b>Choreographic Mentor</b> for Converge Dance Festival artists	2016 – 2018
<b>Member</b> , Dance Educators Association of Washington (DEAW)	2015 – 2018
<b>Planning Committee Member</b> , Arts Corps	2015
<b>Member</b> , National Dance Education Organization (NDEO)	2010 – 2018
<ul style="list-style-type: none"> <li>• Represented the BYU NDEO Student Chapter, October 2012</li> </ul>	
<b>Member</b> , Nonprofit Leadership Alliance	2011 – 2013
<ul style="list-style-type: none"> <li>• Registered as a Certified Nonprofit Professional; attended National Conference, 2012</li> </ul>	



<b>Vice President of Student Dance Education Organization, BYU</b>	2012 – 2013
<b>Hip-Hop Club Vice President, BYU</b>	2012 – 2013
<b>Member, Nonprofit Management Student Association, BYU</b>	2010 – 2013
<b>Contemporary Dance Division Student Representative, Dance Major Student Council, BYU</b>	2011 – 2012
<b>Member, Kinnect Outreach Dance Company</b>	2012